WERE YOU EXPOSED TO SOMEONE WHO IS COVID-POSITIVE?

Yes, and I feel symptoms

SELF-ISOLATE AND GET TESTED

- DAY 0: If the test is positive, self-isolate (quarantine) for at least 5 days
- DAY 3: If the first test is negative, continue to self-isolate and take a second test. If results are positive, self-isolate for at least 5 days
- DAY 5: Test again
- Continue to self-isolate until negative test results are confirmed by a lab

COVID SYMPTOMS:

- Scratchy throat
- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

ARE YOU FEELING COVID SYMPTOMS?

YES

Yes, but I feel NO SYMPTOMS

WEAR A MASK

- Continue normal activities
- Wear a mask while in public for at least 10 days
- IF YOU START TO FEEL SYMPTOMS: **SELF-ISOLATE AND GET TESTED**
- If you remain symptom free:

AFTER 3 DAYS

GO TO A CLINIC AND GET TESTED

- **If the test is positive, SELF-ISOLATE**
- If the first test is negative, continue to wear mask in all public settings

https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html